



Honduran Chocolate Brownie, Manifesto® Certified Gluten Free, IW

Taste the “good” in every bite of our rich and fudgy certified Gluten-free Manifesto® Brownies. Baked with only cage-free eggs, our own blend of gluten-free flour, sustainable chocolates and ingredients free of gmo’s and artificial additives- yet the star of these irresistible brownies is the purely dark Honduran chocolate mixed into every batch. Sourced from a small cocoa collective of women farmers, this chocolate supports the advancement of these women providing them with the skills, education and income necessary to bring success to their families and village.

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Ingredients

Ingredients: Sugar, Chocolate [sugar, unsweetened chocolate (processed with alkali), cocoa butter, milk, milk fat, sunflower lecithin, soy lecithin, vanilla, vanilla extract], Cage Free Eggs, Butter, Cocoa [processed with alkali], Brown Rice Flour [rice flour, rice bran], Safflower Oil, Tapioca Flour, Rice Syrup, Arrowroot Flour, Buckwheat Flour, Water, Whole Milk Powder, Cream, Salt, Baking Powder [sodium acid pyrophosphate, sodium bicarbonate, corn starch, monocalcium phosphate], Guar Gum, Natural Madagascar Vanilla, Stabilizer Blend [xanthan gum, sodium alginate, guar gum], Glucose.

Contains: Egg, Milk, Soy.

MANUFACTURED IN A FACILITY THAT PROCESSES PEANUTS/NUTS

Defrosting/Handling Tips

Thaw at least 2 hours under refrigeration or 1 hour ambient.



Nutrition Facts

Servings Per Container 1	
Serving Size	(80g/2.8oz)
Amount per serving	
Calories	350
% Daily Value*	
Total Fat 18g	23%
Saturated Fat 9g	45%
Trans Fat 0g	
Cholesterol 70mg	23%
Sodium 140mg	6%
Total Carbohydrates 42g	15%
Dietary Fiber 3g	11%
Total Sugars 31g	
Includes 29g Added Sugars	58%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 45mg	4%
Iron 3mg	15%
Potassium 276mg	6%

* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Shelf Life

Frozen: 18 months
Refrigerated: 45 days
Ambient: 18 days

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Sweet Street Desserts • 722 Hiesters Lane •
Reading, PA 19605 • 610-921-8113
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