



## Blueberry Oat Pullman, Discontinued February 2022

Fresh Maine Blueberries are swirled in a moist buttery, yogurt cake, abundant with blueberry flavor. Topped with nutrient dense rolled oats.

GMO free, no colors or artificial ingredients with 5 grams of protein, and less than 350 calories

### Ingredients

Ingredients: Enriched Wheat Flour [wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid], Sugar, Low Fat Yogurt [cultured pasteurized grade A low fat milk and nonfat milk solids], Butter, Eggs, Blueberries, Soybean Oil, Water, Oat Flour, Granola [oats, cane sugar, canola oil, natural flavors, sea salt], Maltitol, Natural Flavor [blueberry], Emulsifier [starch, polyglycerol esters of fatty acids, mono & diglycerides], Salt, Baking Powder [sodium acid pyrophosphate, sodium bicarbonate, corn starch, monocalcium phosphate], Baking Soda, Stabilizer Blend [xanthan gum, sodium alginate, guar gum].

**Contains:** Egg, Milk, Soy, Wheat.

MANUFACTURED IN A FACILITY THAT PROCESSES PEANUTS/NUTS

### Product Specifications

**SKU:** 3143

**Units Per Case:** 2

**Portions Per Unit:** 16

**Portions Per Case:** 32

**Unit Weight:** NET WT 3 LB 10 OZ (1.64 Kg)

**Gross Weight:** 7.88 lbs

**Case Cube:** 0.33 cu .ft.

**UPC:** 749017031439

**SCC/GTIN:** 10749017031436

**Case Dimensions (L x W x H):** 13.5 x 8.25 x 5.25

**Inner Tray Box Dimensions:** 12.79 x 3.5 x 3.5

**Approx. Piece Size:**

**Gluten Free:** No

### Defrosting/Handling Tips

It is recommended to defrost while in the shrinkwrap.

Under refrigeration: 8 - 10 hours or overnight

To save unused portion, wrap and refrigerate overnight. May be refrozen.

To avoid product from drying out, display stacked, not shingled.



### Nutrition Facts

Servings Per Container 16

**Serving Size (107g/3.76oz)**

**Amount per serving**

**Calories 350**

% Daily Value\*

**Total Fat** 15g **19%**

Saturated Fat 7g **35%**

Trans Fat 0g

**Cholesterol** 70mg **23%**

**Sodium** 180mg **8%**

**Total Carbohydrates** 48g **17%**

Dietary Fiber 2g **7%**

Total Sugars 25g

Includes 24g Added Sugars **48%**

**Protein** 5g

Vitamin D 0mcg **0%**

Calcium 54mg **4%**

Iron 1mg **6%**

Potassium 66mg **2%**

\* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Shelf Life

Frozen: 18 months

Refrigerated: 7 days

Ambient: 3 days

Updated 10/24/2022

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