



## Pullman Variety A, 16 Sl

1 each - Banana Yogurt Swirl, Blueberry Oat, Cranberry Orange Flax and Zucchini Spice

### Product Specifications

**SKU:** 3177

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**Units Per Case:** 4

**Portions Per Unit:** 16

**Portions Per Case:** 64

**Unit Weight:** 3 lbs 9 oz

**Gross Weight:** 15.57 lbs

**Case Cube:** 0.69 cu. ft.

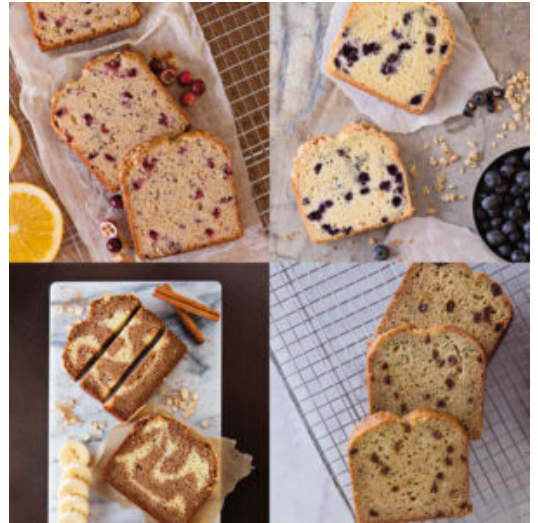
**SCC/GTIN:** 10749017031771

**Case Dimensions (L x W x H):** 16.375 x 13.625 x 5.375

**Pallet Tie x High:** 8 x 12

**Inner Tray Box Dimensions:** 12.79 x 3.5 x 3.5

**Kosher:** KD



# 3131 Zucchini Spice Pullman

## Ingredients

Ingredients: Zucchini, Sugar, Enriched Wheat Flour [wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid], Eggs, Soybean Oil, Raisins, Butter, Brown Sugar, Maltitol, Baking Soda, Modified Corn Starch, Salt, Baking Powder [sodium acid pyrophosphate, sodium bicarbonate, corn starch, monocalcium phosphate], Stabilizer Blend [xanthan gum, sodium alginate, guar gum], Cinnamon, Natural Madagascar Vanilla, Cloves, Nutmeg, Allspice.

**Contains:** Egg, Milk, Soy, Wheat.

MANUFACTURED IN A FACILITY THAT PROCESSES PEANUTS/NUTS

## Defrosting/Handling Tips

It is recommended to defrost while in the shrink wrap.

Under refrigeration: 8 - 10 hours or overnight

To save unused portion, wrap and refrigerate overnight. May be refrozen.

To avoid product from drying out, display stacked, not shingled.

## Shelf Life

Frozen: 18 months

Refrigerated: 7 days

Ambient: 3 days

## Nutrition Facts

Servings Per Container 16

**Serving Size (170 g/3.76oz)**

**Amount per serving**

**Calories 320**

**% Daily Value\***

**Total Fat 9g 12%**

Saturated Fat 3g **18%**

Trans Fat 0g

**Cholesterol 45mg 15%**

**Sodium 290mg 13%**

**Total Carbohydrates 54g 20%**

Dietary Fiber 1g **4%**

Total Sugars 32g

Includes 29g Added Sugars **58%**

**Protein 4g**

Vitamin D 0mcg 0%

Calcium 28mg 2%

Iron 1mg 6%

Potassium 136mg 2%

\* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Updated 10/21/2020

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## 3143 Blueberry Oat Pullman

### Ingredients

Ingredients: Enriched Wheat Flour [wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid], Sugar, Low Fat Yogurt [cultured pasteurized grade A low fat milk and nonfat milk solids], Butter, Eggs, Blueberries, Soybean Oil, Water, Oat Flour, Granola [oats, cane sugar, canola oil, natural flavors, sea salt], Maltitol, Natural Flavor [blueberry], Emulsifier [starch, polyglycerol esters of fatty acids, mono & diglycerides], Salt, Baking Powder [sodium acid pyrophosphate, sodium bicarbonate, corn starch, monocalcium phosphate], Baking Soda, Stabilizer Blend [xanthan gum, sodium alginate, guar gum].

**Contains:** Egg, Milk, Soy, Wheat.

MANUFACTURED IN A FACILITY THAT PROCESSES PEANUTS/NUTS

### Defrosting/Handling Tips

It is recommended to defrost while in the shrinkwrap.

Under refrigeration: 8 - 10 hours or overnight

To save unused portion, wrap and refrigerate overnight. May be refrozen.

To avoid product from drying out, display stacked, not shingled.

### Shelf Life

Frozen: 18 months

Refrigerated: 7 days

Ambient: 3 days

## Nutrition Facts

Servings Per Container 16

**Serving Size (107g/3.76oz)**

**Amount per serving**

**Calories 350**

**% Daily Value\***

**Total Fat 15g 19%**

Saturated Fat 7g **35%**

Trans Fat 0g

**Cholesterol 70mg 23%**

**Sodium 180mg 8%**

**Total Carbohydrates 48g 17%**

Dietary Fiber 2g **7%**

Total Sugars 25g

Includes 24g Added Sugars **48%**

**Protein 5g**

Vitamin D 0mcg 0%

Calcium 54mg 4%

Iron 1mg 6%

Potassium 66mg 2%

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# 3149 Cranberry Orange Flax Pullman

## Ingredients

Ingredients: Enriched Wheat Flour [wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid], Sugar, Low Fat Yogurt [cultured pasteurized grade A low fat milk and nonfat milk solids], Eggs, Cranberries, Soybean Oil, Butter, Water, Honey, Whole Grain Oats, Maltitol, Quinoa, Orange Flavor [glycerin, orange oil, ascorbic acid, citrus fiber], Orange Peel [orange peel zest, cane sugar, orange oil essence], Natural Madagascar Vanilla, Emulsifier [starch, polyglycerol esters of fatty acids, mono & diglycerides], Flax Seed, Baking Powder [sodium acid pyrophosphate, sodium bicarbonate, corn starch, monocalcium phosphate], Salt, Baking Soda, Stabilizer Blend [xanthan gum, sodium alginate, guar gum], Whey Protein, Enzyme.

**Contains:** Egg, Milk, Soy, Wheat.

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## Defrosting/Handling Tips

It is recommended to defrost while in the shrinkwrap.

Under refrigeration: 8 - 10 hours or overnight

To save unused portion, wrap and refrigerate overnight. May be refrozen.

To avoid product from drying out, display stacked, not shingled.

## Shelf Life

Frozen: 18 months

Under Refrigeration: 5 days

Room Temperature: 3 days (keep covered and refrigerate overnight)

## Nutrition Facts

Servings Per Container 16

**Serving Size** (96g/3.4oz)

**Amount per serving**

**Calories** **310**

**% Daily Value\***

**Total Fat** 12g **15%**

Saturated Fat 4g **23%**

Trans Fat 0g

**Cholesterol** 50mg **17%**

**Sodium** 130mg **6%**

**Total Carbohydrates** 45g **16%**

Dietary Fiber 2g **7%**

Total Sugars 23g

Includes 22g Added Sugars **44%**

**Protein** 5g

Vitamin D 0mcg **0%**

Calcium 42mg **4%**

Iron 1mg **6%**

Potassium 140mg **2%**

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# 3155 Banana Yogurt Swirl Pullman

## Ingredients

Ingredients: Bananas, Enriched Wheat Flour [wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid], Raw Cane Sugar, Eggs, Butter, Sugar, Soybean Oil, Buttermilk, Whole Grain Oats, Low Fat Yogurt [cultured pasteurized grade A low fat milk and nonfat milk solids], Banana Flakes, Brown Sugar, Baking Soda, Salt, Cinnamon, Water, Buttermilk Solids [whey solids, buttermilk powder], Natural Madagascar Vanilla, Maltitol, Caramelized Sugar Flavor [caramel, water, molasses, natural flavor], Baking Powder [sodium acid pyrophosphate, sodium bicarbonate, corn starch, monocalcium phosphate], Stabilizer Blend [xanthan gum, sodium alginate, guar gum].

**Contains:** Egg, Milk, Soy, Wheat.

MANUFACTURED IN A FACILITY THAT PROCESSES PEANUTS/NUTS

## Defrosting/Handling Tips

It is recommended to defrost while in the shrinkwrap.

Under refrigeration: 8 - 10 hours or overnight

To save unused portion, wrap and refrigerate overnight. May be refrozen.

To avoid product from drying out, display stacked, not shingled.

## Shelf Life

Frozen: 18 months

Refrigerated: 7 days

Ambient: 3 days

## Nutrition Facts

Servings Per Container 16

**Serving Size (104g/3.66oz)**

**Amount per serving**

**Calories 300**

**% Daily Value\***

**Total Fat 12g 15%**

Saturated Fat 5g 25%

Trans Fat 0g

**Cholesterol 60mg 20%**

**Sodium 250mg 11%**

**Total Carbohydrates 44g 16%**

Dietary Fiber 1g 4%

Total Sugars 22g

Includes 19g Added Sugars 38%

**Protein 4g**

Vitamin D 0mcg 0%

Calcium 29mg 2%

Iron 1mg 6%

Potassium 119mg 2%

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