



# Pumpkin Swirl Pullman

Our seasonal moist Pumpkin Swirl cake is spiced up with Chai spices of ginger, coriander, cardamon, cinnamon and clove. GMO free, Free of artificial colors and ingredients with 5 grams of protein, and less than 300 calories.

## Ingredients

Ingredients: Pumpkin, Enriched Wheat Flour [wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid], Sugar, Eggs, Brown Sugar, Butter, Soybean Oil, Buttermilk, Low Fat Yogurt [cultured pasteurized grade A low fat milk and nonfat milk solids], Whey Protein, Milk, Salt, Cinnamon, Pumpkin Powder [pumpkin, maltodextrin, corn flour], Baking Soda, Natural Madagascar Vanilla, Ginger, Water, Natural Flavor [baker's yeast extract, salt, silicon dioxide, canola oil], Maltitol, Natural Flavor [caramel], Baking Powder [sodium acid pyrophosphate, sodium bicarbonate, corn starch, monocalcium phosphate], Cardamom, White Pepper, Coriander, Stabilizer Blend [xanthan gum, sodium alginate, guar gum], Cloves.

**Contains:** Egg, Milk, Soy, Wheat.

MANUFACTURED IN A FACILITY THAT PROCESSES PEANUTS/NUTS

## Product Specifications

**SKU:** 3159  
**Units Per Case:** 2  
**Portions Per Unit:** 16  
**Portions Per Case:** 32  
**Unit Weight:** NET WT 3 LB 5 OZ (1.50 Kg)  
**Gross Weight:** 7.26 lbs  
**Case Cube:** 0.33 cu .ft.  
**UPC:** 749017031590  
**SCC/GTIN:** 10749017031597  
**Case Dimensions (L x W x H):** 13.5 x 8.25 x 5.25  
**Pallet Tie x High:** 16 x 10  
**Inner Tray Box Dimensions:** 12.79 x 3.5 x 3.5  
**Approx. Piece Size:**  
**Kosher:** KD  
**Gluten Free:** No

## Defrosting/Handling Tips

It is recommended to defrost while in the shrinkwrap.  
Under refrigeration: 8 - 10 hours or overnight  
To save unused portion, wrap and refrigerate overnight. May be refrozen.  
To avoid product from drying out, display stacked, not shingled.



## Nutrition Facts

Servings Per Container 16	
<b>Serving Size</b>	<b>(95 g/3.36oz)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>290</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 11g	<b>14%</b>
Saturated Fat 4g	<b>20%</b>
Trans Fat 0g	
<b>Cholesterol</b> 60mg	<b>20%</b>
<b>Sodium</b> 380mg	<b>17%</b>
<b>Total Carbohydrates</b> 43g	<b>16%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 28g	
Includes 26g Added Sugars	<b>52%</b>
<b>Protein</b> 5g	
Vitamin D 0mcg	0%
Calcium 52mg	4%
Iron 1mg	6%
Potassium 110mg	2%

\* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## Shelf Life

Frozen: 18 months  
Refrigerated: 7 days  
Ambient: 3 days

Updated 9/6/2022

## Extra Info:

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