



Banana Yogurt Swirl Pullman Manifesto® IW

Freshly pureed ripened bananas abound in our moist, comforting loaf cake blended with pure creamery butter, cage-free eggs, pure cane sugar. Aswirl with the tangy coolness of low-fat yogurt and flecked with aromatic, sweet Saigon Cinnamon then showered with the natural goodness of toasted, rolled oats. Free from gmo's and all things artificial; additives, colors and flavors.

Ingredients

Ingredients: Enriched Wheat Flour [wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid], Banana Puree [banana, citric acid, ascorbic acid], Raw Cane Sugar, Cage Free Eggs, Butter, Safflower Oil, Buttermilk, Sugar, Low Fat Yogurt [cultured pasteurized grade A low fat milk and nonfat milk solids], Granola [oats, cane sugar, canola oil, natural flavors, sea salt], Banana Flakes, Cultured Dextrose, Brown Sugar, Baking Soda, Natural Flavor [banana], Salt, Cinnamon, Water, Cultured Wheat Starch, Natural Madagascar Vanilla, Buttermilk Solids [whey solids, buttermilk powder], Banana, Citric Acid, Stabilizer Blend [xanthan gum, sodium alginate, guar gum], Maltitol, Caramelized Sugar Flavor [caramel, water, molasses, natural flavor], Baking Powder [sodium acid pyrophosphate, sodium bicarbonate, corn starch, monocalcium phosphate], Soybean Oil.

Contains: Egg, Milk, Soy, Wheat.

MANUFACTURED IN A FACILITY THAT PROCESSES PEANUTS/NUTS

Product Specifications

SKU: 3555
Units Per Case: 32
Portions Per Unit: 1
Portions Per Case: 32
Unit Weight: NET WT 3.17 OZ
Gross Weight: 7.19 lbs
Case Cube: 0.37 cu ft
UPC: 749017355511
SCC/GTIN: 10749017035557
Case Dimensions (L x W x H): 14.125 x 9 x 5
Pallet Tie x High: 13 x 13
Approx. Piece Size: (L x W x D) 3.25" x 3.75" x 0.75"
Kosher: KD
Gluten Free: No

Defrosting/Handling Tips

Room Temperature 2 hours



Nutrition Facts

Servings Per Container 1

Serving Size (90g/3.17oz)

Amount per serving

Calories 290

% Daily Value*

Total Fat 12g 15%

Saturated Fat 4g 20%

Trans Fat 0g

Cholesterol 50mg 17%

Sodium 300mg 13%

Total Carbohydrates 39g 14%

Dietary Fiber 1g 4%

Total Sugars 22g

Includes 17g Added Sugars 34%

Protein 4g

Vitamin D 0mcg 0%

Calcium 105mg 8%

Iron 1mg 6%

Potassium 137mg 2%

* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Shelf Life

Frozen: 18 months
Refrigerated: 14 days in wrap
Ambient: 10 days in wrap

Updated 3/2/2021

Extra Info:

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