



## Banana Yogurt Swirl Pullman Manifesto® IW, Discontinued March 2024

Freshly pureed ripened bananas abound in our moist, comforting loaf cake blended with pure creamery butter, cage-free eggs, pure cane sugar. Aswirl with the tangy coolness of low-fat yogurt and flecked with aromatic, sweet Saigon Cinnamon then showered with the natural goodness of toasted, rolled oats. Free from gmo's and all things artificial; additives, colors and flavors.

### Ingredients

Ingredients: Enriched Wheat Flour [wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid], Banana Puree [banana, citric acid, ascorbic acid], Raw Cane Sugar, Cage Free Eggs, Butter, Safflower Oil, Buttermilk, Sugar, Low Fat Yogurt [cultured pasteurized grade A low fat milk and nonfat milk solids], Granola [oats, cane sugar, canola oil, natural flavors, sea salt], Banana Flakes, Cultured Dextrose, Brown Sugar, Baking Soda, Natural Flavor [banana], Salt, Cinnamon, Water, Cultured Wheat Starch, Natural Madagascar Vanilla, Buttermilk Solids [whey solids, buttermilk powder], Banana, Citric Acid, Stabilizer Blend [xanthan gum, sodium alginate, guar gum], Maltitol, Natural Flavor [caramel], Baking Powder [sodium acid pyrophosphate, sodium bicarbonate, corn starch, monocalcium phosphate], Soybean Oil.

**Contains:** Egg, Milk, Soy, Wheat.

MANUFACTURED IN A FACILITY THAT PROCESSES PEANUTS/NUTS

### Product Specifications

**SKU:** 3555

**Units Per Case:** 32

**Portions Per Unit:** 1

**Portions Per Case:** 32

**Unit Weight:** NET WT 3.17 OZ

**Gross Weight:** 6.98 lbs

**Case Cube:** 0.37 cu ft

**UPC:** 749017355511

**SCC/GTIN:** 10749017035557

**Case Dimensions (L x W x H):** 14.125 x 9 x 5

**Pallet Tie x High:** -

**Inner Tray Box Dimensions:** -

**Approx. Piece Size:** (L x W x D) 3.25" x 3.75" x 0.75"

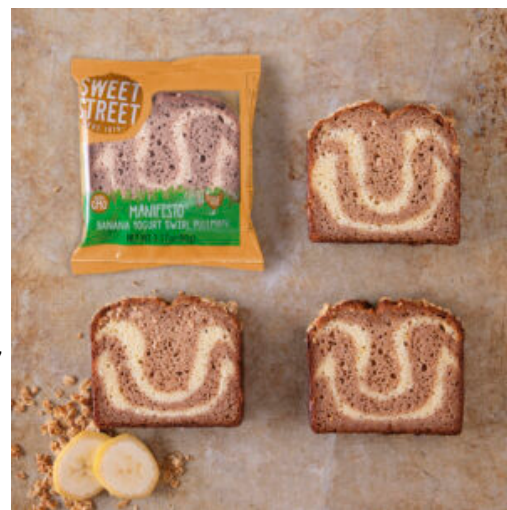
**Kosher Status:** -

**Gluten Free:** No

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### Defrosting/Handling Tips

Room Temperature 2 hours



## Nutrition Facts

Servings Per Container 1

**Serving Size (90g/3.17oz)**

**Amount per serving**

**Calories 290**

% Daily Value\*

**Total Fat** 12g **15%**

Saturated Fat 4g **20%**

Trans Fat 0g

**Cholesterol** 50mg **17%**

**Sodium** 300mg **13%**

**Total Carbohydrates** 39g **14%**

Dietary Fiber 1g **4%**

Total Sugars 22g

Includes 17g Added Sugars **34%**

**Protein** 4g

Vitamin D 0mcg **0%**

Calcium 105mg **8%**

Iron 1mg **6%**

Potassium 137mg **2%**

\* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Shelf Life

Frozen: 18 months

Refrigerated: 14 days in wrap

Ambient: 10 days in wrap

Updated 4/23/2024

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